



Smash it!

The Questionnaire
Bring on 2016, baby!

1. Name:

2. Nick name:

3. Blog:

4. Quote to live by:

5. 3 things I am passionate about:

- 1.
- 2.
- 3.

6. 3 things I achieved in 2015:

- 1.
- 2.
- 3.

7. What mistakes did I make this year?

8. What did I learn?

9. Knowing what I know now, what would I have advised to myself a year ago?

10. I am now (3 words to describe myself):

- 1.
- 2.
- 3.

11. I aspire to be (3 words to describe what I would like to be):

- 1.
- 2.
- 3.

12. What goals do I aim to SMASH in 2016?

13. Why does reaching this/these goal[s] matter to me?

14. 3 practical steps I can take to achieve my goal[s] with what I have now?

- 1.
- 2.
- 3.

15. What challenges do I face in the pursuit of my goal?

16. How do I plan on facing these challenges?

17. What brings me joy?

18. What would you say to someone who is fearful of chasing their dream?

19. Finish this sentence: 2016 is the year I...